



Maine Family Eye Care

Patient Information

Date: _____ Name to which you prefer to be called: _____

Patient's Name: _____ Pronouns: ☐ He ☐ She ☐ They
LAST FIRST MIDDLE INITIAL

Address: _____
STREET CITY STATE ZIP

☐ Male ☐ Female ☐ Decline to Say ☐ Single ☐ Married ☐ Separated ☐ Divorced ☐ _____

Birth Date: ____/____/____ Age: _____ Social Security _____
*If under 18, additional parent/guardian form required *Required for filing insurance

Cell Phone # _____ Text ☐ Y ☐ N Other # _____ Ethnicity/Race: _____

Email Address: _____

Occupation/Grade: _____ Employer/School: _____

*Who is the primary on the insurance? ☐ I am ☐ _____
Name DOB SSN

PARENT/GUARDIAN INFORMATION

****REQUIRED FOR MINORS****

Name: _____ Relationship: _____ Phone # _____
*If different from above

Address: _____
*If different from above

HEALTH INFORMATION

Reason for Today's Visit: ☐ Medical Exam ☐ Routine Exam ☐ Other: _____

- | | | |
|--|--|--|
| ☐ Annual Exam | ☐ New Floaters | ☐ Broke or lost glasses |
| ☐ Diabetic Exam | ☐ New/Worsening Headaches | ☐ Need new glasses |
| ☐ Glaucoma Exam | ☐ Dry Eye Problems | ☐ Need more contacts |
| ☐ Physician Directed Exam | ☐ Vision Changes | ☐ Want to try contacts* |
| ☐ Injury | ☐ Difficultly Reading | |

*NEVER worn before

Who is your Primary Care Doctor (PCP) Name/Practice _____

SOCIAL HISTORY

Tobacco Use:

- ☐ None ☐ Former
☐ Vape User ☐ Current Smoker

Alcohol Use:

- ☐ None ☐ Social
☐ Daily ☐ Recovery

Narcotic Use:

- Type: _____
☐ None ☐ Recreational
☐ Medicinal for Recovery ☐ Dependency

PATIENT OCULAR HISTORY**YES NO**

- ☐ ☐ Do you wear eye correction?
☐ Glasses ☐ Non-Rx Readers
☐ Contacts
- ☐ ☐ Surgery or Laser to Eye(s)
☐ R ☐ L ☐ Both Sx Type: _____
- ☐ ☐ Trauma/Injury to Eye(s)
☐ R ☐ L ☐ Both Injury Type: _____
- ☐ ☐ Glaucoma
- ☐ ☐ Macular Degeneration
☐ Dry ☐ Wet ☐ Injections taken?
- ☐ ☐ Crossed/Lazy Eye ☐ R ☐ L
- ☐ ☐ Previous Retinal Detachment ☐ R ☐ L
- ☐ ☐ Cataracts
- ☐ ☐ Floaters ☐ New/Worsening Floaters
- ☐ ☐ Flashes
- ☐ ☐ Eye Fatigue
- ☐ ☐ Glare / Haloes
- ☐ ☐ Double Vision
- ☐ ☐ Dry Eye
- ☐ ☐ Tearing
- ☐ ☐ Light Sensitivity
- ☐ ☐ Itchy/Burning
- ☐ ☐ Redness
- ☐ ☐ Foreign Body/Gritty/Sandy Sensation

Last Eye Exam (Year/Date): _____

YES NO FEMALES ONLY

- ☐ ☐ Pregnant or could be
- ☐ ☐ Nursing

MEDICATIONS: ☐ None ☐ Yes: _____**DRUG ALLERGIES:** ☐ None ☐ Yes: _____
EYE MEDICATIONS/OTC DROPS: ☐ None ☐ Yes: _____
☐ Systane ☐ Blink ☐ Refresh ☐ Lumify ☐ Pataday ☐ Visine
PATIENT MEDICAL HISTORY**YES NO**

- ☐ ☐ Diabetes ☐ PRE-Diabetic (not medicated)
☐ Type 1 ☐ Type 2
A1C _____ Year Diagnosed _____
- ☐ ☐ Cardiovascular Problems
☐ Heart Attack ☐ Palpitations ☐ Vascular Dx
- ☐ ☐ Hypertension (High blood pressure)
- ☐ ☐ Cholesterol
- ☐ ☐ Thyroid ☐ Hyper ☐ Hypo
- ☐ ☐ Cancer Type: _____
- ☐ ☐ Hearing Loss
- ☐ ☐ Asthma ☐ COPD ☐ Emphysema
- ☐ ☐ Sleep Apnea
- ☐ ☐ Kidney Problems
- ☐ ☐ IBD/IBS ☐ Crohn's
- ☐ ☐ Acid Reflux Disease (GERD)
- ☐ ☐ Rosacea
- ☐ ☐ Psoriasis
- ☐ ☐ Headaches ☐ Migraines ☐ w/Aura
- ☐ ☐ Multiple Sclerosis
- ☐ ☐ Seizures
- ☐ ☐ ADHD
- ☐ ☐ Alzheimer's/Dementia
- ☐ ☐ Anxiety
- ☐ ☐ Depression
- ☐ ☐ Arthritis ☐ Rheumatoid Arthritis
- ☐ ☐ Muscle Pain ☐ Joint Pain
- ☐ ☐ Anemia
- ☐ ☐ Lupus

Other Medical Hx: _____

FAMILY HISTORY

Please check off each item as it pertains to your parents, grandparents, siblings, children (living or deceased)

If yes, state relation

Glaucoma ☐ Yes _____

Macular Degeneration ☐ Yes _____

Crossed / Lazy Eye ☐ Yes _____

Retinitis Pigmentosa ☐ Yes _____

Retinal Detachment ☐ Yes _____

Sjögren's Syndrome ☐ Yes _____

Other Family Hx (List Issue/Relation) ☐ Yes _____

If yes, state relation

Diabetes ☐ Yes _____

Hypertension ☐ Yes _____

Cardiovascular ☐ Yes _____

Thyroid Disease ☐ Yes _____

Cancer (type) ☐ Yes _____

☐ **Unknown History/Adopted**